

**PUEBLO EAST HIGH SCHOOL  
INSTRUCTIONS ON HOW TO CLEAR FOR ATHLETICS**

In order to clear for athletics at East High School, it is necessary to have the following forms completed and returned to the activities office on the date assigned to your sport for clearing (all forms available at the Activities Office). **ATHLETES WILL NOT BE ALLOWED TO CLEAR ON THE FIRST DAY OF PRACTICE!**

- **Emergency Information Card.** Must be signed by both parents/guardians (if not a single parent/guardian) on the back of the card. All information must be accurately completed on both sides of the card. This must be completed and returned to the Activities Office each time you clear for a sport.
- **Sports-Athlete Information Card.** Must be completed and signed by the student clearing for a sport. Make certain all information is correct. You must meet eligibility requirements regarding age, academics, residence, and semesters of attendance in order to participate in sports. This must be completed and returned to the Activities Office each time you clear for a sport.
- **High School Eligibility Requirements (Weekly).** Must be signed by **both** parents/guardians (if not a single parent/guardian) and by the student. You must be aware of the weekly eligibility requirements. After a week of probation it is “no pass no play”. Read and understand this policy. This must be completed every year the student participates in athletics.
- **Student Activities Agreement.** This must be signed by **both** parents/guardians (identify if single parent/guardian) and by the student. It is very important that this agreement is read and understood by the student and by his/her parent(s)/guardian(s). This agreement must be completed every year the student participates in athletics.
- **Physician and Parent Permit for Athletic Participation.** This form must be signed by a M.D. signifying that the student has had a physical and is able to participate in athletics by **both** parents/guardians (identify if single parent/guardian), and by the student. **Please note that on the back of this form, it requires both parent(s)/guardian(s) to sign twice – first to give permission for your son/daughter to participate in athletics and again to identify insurance information.** This must be completed every year the student participates in athletics and must cover the ENTIRE SCHOOL YEAR.

In addition to having the above forms completed for participation in interscholastic athletics, it is also necessary to have the proper participation fee: **\$75.00 per sport, per student. Every student must pay this, there are no more athletic fee waivers.**

Once all the required forms have been properly completed and the fee paid, the student will receive a white “CLEARED” card signed by the Activities Director signifying the student is eligible to participate. Without this card, no student is allowed to practice or compete in athletics for East High School.